

I am resilient.

I feel that it
doesn't matter
what I do, I will
never get better
at something I
find tricky.

I am confident at
trying new things.

I try to avoid
challenges.

I enjoy learning
from the skills of
others and trying
to apply them to
my own learning.

I don't see the
point in trying if I
can't do
something.

I am creative
when I need to
find a solution to
a problem.

I prefer to do
things I have
done before
instead of trying
new things.

I work hard and
usually have a
positive attitude
to my work.

If I make a
mistake people
will think badly of
me.

If I make a
mistake, I learn
from what went
wrong and try
again with a new
strategy.

I don't like it
when people tell
me how to
improve
something.

If I can't do something I understand I can't do it **yet**.

I like to know exactly what I should do and I don't like having to find a solution without exact instructions.

I know and accept that somethings take more time to master than others and that is okay.

I prefer when I know more than others.

I always look for ways to improve.

I can't learn new things easily.

I don't give up on
something until I
am proud of my
effort.

I like people to
tell me I am
smart.

